

After Laser Whitening Home Care Instruction

Congratulations on taking the next step to a brighter and confident smile!



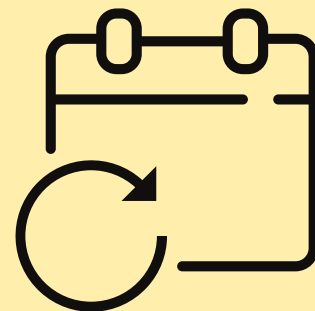
WHITENING EFFECT

IMMEDIATE WHITENING RESULTS CAN BE QUITE DRAMATIC DUE TO MINOR DEHYDRATION OF YOUR TEETH. IT IS NORMAL FOR THE COLOR TO TONE DOWN SOMEWHAT AFTER TREATMENT WHEN YOUR TEETH REHYDRATE TO A NATURAL WHITE TONE.



TOUCH UP

YOU ARE BEING SENT HOME WITH TAKE-HOME TRAYS AND WHITENING GEL TO USE AS NEEDED FOR TOUCH-UP. MORE WHITENING GEL CAN BE PURCHASED AS NEEDED. IN-OFFICE TREATMENTS MAY BE NEEDED EVERY 6-12 MONTHS TO RETAIN COLOR.



AVOID STAINING FOOD

AVOID FOODS AND BEVERAGES THAT STAIN (RED SAUCE, BLUEBERRIES, JUICE, WINE, COFFEE, TEA, ETC.) FOR THE NEXT 48 HOURS.



LONG TERM RESULT

LONG TERM RESULTS VARY FROM PATIENT TO PATIENT. THIS CAN DEPEND ON THE ORIGINAL SHADE AND MAKE UP OF YOUR TEETH AND INCLUDE HABITS SUCH AS SMOKING OR DRINKING COLORED BEVERAGES (RED WINE, COFFEE, TEA, ETC.)



USE DESENSITIZER

MILD SENSITIVITY TO HOT OR COLD LIQUIDS MAY OCCUR. THIS USUALLY PASSES WITHIN 1-2 DAYS. MAKE SURE TO APPLY THE PROVIDED DESENSITIZER FOR 30 MINUTES ON THE DAY OF TREATMENT.



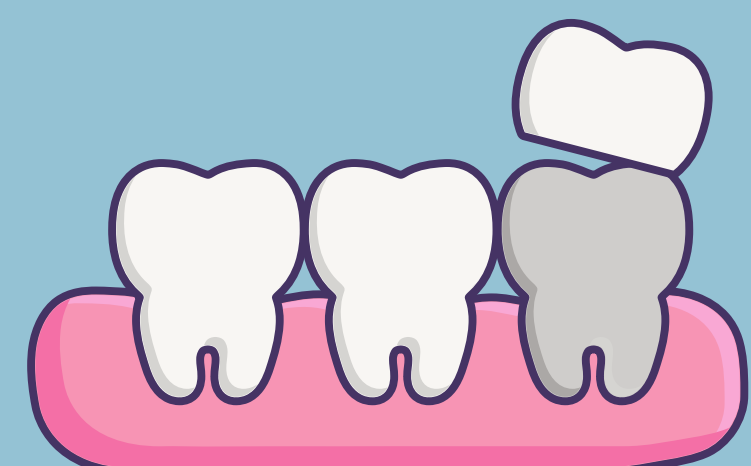
No SMOKING

DO NOT SMOKING FOR 48 HOURS.



EXISTING RESTORATION

EXISTING FILLINGS, CROWNS, BONDING, ETC. WILL NOT WHITEN. THEREFORE, THESE MAY NEED TO BE CHANGED IN ORDER TO MATCH YOUR NEW SMILE.



GUM SENSITIVITY

IF YOU EXPERIENCE GUM SENSITIVITY DO NOT BRUSH THE AFFLICTED AREA WHILE BRUSHING YOUR TEETH.

